

QUALITY & COMMISSIONING TEAM NEWS

A monthly newsletter brought to you by Stockport Quality Team

VOL. 1, ISSUE 2

SEPTEMBER 2018

In this edition:

- **Good News Stories**
- **Flu Vaccinations in Learning Disabilities Services**
- **Stockport Star Awards**
- **Skills for Care Roadshow**
- **Dates for the Diary**
- **Wigan & Leigh Hospice—Living & Dying Well in a Care Home Event**

Good New Stories: Brinnington Hall Work Placement Scheme

Hi, My name is Christina and I am the registered Manager at Brinnington Hall Care Home. I thought of the idea of the Brinnington Hall work placement scheme when we were presented with a new challenge – a resident under 60 years of age! It got me thinking about what it must feel like to be placed into 24-hour care at such a young age and I started to relate to some of the ‘behaviours’ he was presenting with.

On this occasion, we were presented with a young man in his late 50’s, healthy and fit, full of energy and pride and living with Korsakoff’s dementia.

As the weeks went by, we observed him becoming more and more frustrated about wanting to go to work, needing to return his customer’s keys to them and get the invoices out in time, and he began dismantling his wardrobes/drawers, fridges, plug sockets etc, which led us to begin some serious digging into his life history.

It turns out that he had owned his own car garage not so long ago, and he has spent his working life as a mechanic. He was feeling anxious and frustrated because he felt like he was late for work, that his customers would be waiting for him, and that he was falling behind with his work.

With this information, I started looking at what we could bring into the home to occupy him in the form of repairing/fixing things, and purchased some build-it-yourself car and motor engines, thinking that this would occupy him and satisfy that need for carrying on his work. We also encouraged him to go around the home with the maintenance man, helping out around the home, in the hope that he would feel that he had a purpose again. However, none of this worked, and he seemed more frustrated afterwards as it was still unfamiliar territory for him, and it didn’t directly relate to his previous work experience.

I then thought – why are we not looking for a work placement for this gentleman? Why not get him out into the community again, in an environment he has always worked in throughout his life and knows like the back of his hand, and get him some voluntary work in a car garage?

I met some resistance from some of the staff initially with this idea, as they couldn’t grasp the idea of a ‘resident’ going out to work. Once we sat down and discussed the positives, such as living life in a meaningful way, allowing people to take risks, reducing ‘challenging behaviours’ and maybe even reducing anti-psychotic medications by taking a holistic approach, they were fully on board and determined to make this happen.



We contacted a local car garage and asked if this was possible, and they were more than happy to support us in this, and even provided high-vis jacket and trousers for work!

And so the journey began to getting our resident back to feeling like himself again! His first day he got up early and had a full English breakfast before the start of his busy day at work, dressed in his work gear, and got in a taxi with a staff member, armed with his packed lunch and flask, and went to work! He looked like a transformed man, and it was

touching for staff to see him like this for the first time, He was funny, intelligent, relaxed, in control, and more importantly, himself.

We took photos of him at work and again when he returned home. One of the nicest parts of the story is that he was grateful to get home and staff didn’t see any resistance in him consenting to being at the home as they had done previously, and he happily sat in the dining room (still wearing his work gear and oily hands), drinking a cup of tea, and talking about his day at work. I think that this was the first night since his admission that he also slept soundly and undisturbed.

Since this started, we have gone on to contact supermarkets, café’s, library’s, theatres, charity shops etc, to enquire about work placements for some of our other residents, and hope to be able to do the same for those that need and want it as we have for this resident. I am currently researching the effects of Anti-psychotic medications in people with dementia, and plan to work with the community mental health team and GP’s to significantly reduce or stop this medication by implementing this scheme.

If you have any good news stories you would like to share, please email Jenny at:

jennifer.barber@stockport.gov.uk

Flu Vaccinations in Learning Disability Services

Did you know:

People with learning disabilities are more likely to become seriously ill or die if they get the flu?

The current mortality review into the deaths of people with a learning disabilities reported this year that 31% of deaths investigated had an underlying respiratory cause?

People with learning disabilities and those who care for them are entitled to a free flu vaccination?

We are working to increase uptake of the flu vaccination for people with learning disabilities and those who care for them this winter. Any support you can offer to promote this message would be very valuable indeed.

Importantly, paid carers who are employed by a registered care provider are eligible for a **free flu vaccination** this year, as well as primary family carers. If carers have the vaccination this improves protection for the people they care for.

An [easy read information sheet](#) (aimed at people with learning disabilities and their carers) has been developed with the National Development Team for Inclusion explaining this. We hope this will give people the information they need to get their vaccination at either their GP surgery or pharmacy, and overcome any barriers to that happening. It is not yet well known enough that this group, and their carers, are eligible.



Stockport Star Awards Nominations are Open

Nominations for the Stockport Star Awards opened on 10 September 2018 for the 2019 awards. Don't forget to nominate your Stockport Stars. Nomination forms have been sent to all providers and are available to download from:

www.stockportccg.nhs.uk/news/stockport-star-awards-launched

For further information about the event and to book a table please contact Wendy Morrell on 07557 758563 or wendy.morrell@nhs.net.

Skills for Care Roadshows in the North West

Skills for Care would like to invite you to attend your local roadshow

Tuesday 27 November 2018, Rochdale - [Book your place now](#)

Registration from 09.30, Start 10.00, Finish 1.00pm followed by networking lunch till 2.00pm (other North West venues are available—check the Skills for Care website for details).

Come and find out about:

How digital innovations in social care can help people feel more involved and in control, issues impacting on workforce productivity and work performance in the sector, the National Minimum Data Set for Social Care (NMDS-SC), funding you could be eligible for, our offer of support to employers and our newest resources.

The event is aimed at all employer organisations in the adult social care sector; micro/small and large employers, community, voluntary and faith organisations delivering social care, user led organisations, local authorities, social enterprises and community investment companies involved in social care. This is a series of events, with the same information given at each one. You will need to complete one booking form for each person attending, limited to two people per organisation. If you have any questions, please contact the Events Team at events@skillsforcare.org.uk.

If you are unable to attend but would like more information about how Skills for Care can help you please contact your locality manager, all contact details can be found on the [In your area](#) section of our website. You can also sign up to our fortnightly [enews](#) for updates on further news and events in your area.

DATES FOR THE DIARY



2018

21 October	Harm Levels Submission Deadline		
31 October	Dignity Forum	13.00 - 15.00	LDRC
8 November	Care Home Nurse Forum	10.00—12.00	TBC
22 November	Home Support Forum	14.00 - 16.00	The Heatons Centre
7 December	CCG Care Home Focus Group	10.00—12.00	TBC
13 December	Care Home Forum	14.00 - 16.00	Stopford House

2019

17 January	Home Support Forum	14.00 - 16.00	The Heatons Centre
21 January	Harm Levels Submission Deadline		
23 January	Dignity Forum	13.00 - 15.00	LDRC
7 February	Stockport STAR Awards	18.30 - late	Stockport County Conference Centre
14 March	Home Support Forum	14.00 - 16.00	The Heatons Centre
21 March	Care Home Forum	14.00 - 16.00	Stopford House
21 April	Harm Levels Submission Deadline		
24 April	Dignity Forum	13.00 - 15.00	LDRC
16 May	Home Support Forum	14.00 - 16.00	The Heatons Centre
13 June	Care Home Forum	14.00 - 16.00	Stopford House
18 July	Home Support Forum	14.00 - 16.00	The Heatons Centre
24 July	Dignity Forum	13.00 - 15.00	LDRC
5 September	Home Support Forum	14.00 - 16.00	The Heatons Centre
12 September	Care Home Forum	14.00 - 16.00	Stopford House
23 October	Dignity Forum	13.00 - 15.00	LDRC
14 November	Home Support Forum	14.00 - 16.00	The Heatons Centre
12 December	Care Home Forum	14.00 - 16.00	Stopford House

Wigan & Leigh Hospice—Living & Dying Well in a Care Home

Wednesday 13 March 2019, 9.30am—4.30pm

Further information and booking forms are available from:

Wigan and Leigh Hospice on 01942 525566 or HIYCH@wlh.org.uk



Living and Dying
Well Flyer

Quality Team
Adult Social Care
4th Floor Stopford House
Piccadilly
Stockport
SK1 3XE
Tel: 0161 474 4600

email: asc.qualityteam@stockport.gov.uk